

Hans Raj Mahila Maha Vidyalaya, Jalandhar

7.1.1 Report of other relevant information regarding Promotion of Gender Equity in the institution

(A) Gender equity and sensitization in curriculum:

Course	Proofs related to courses which address gender
<p>B.Sc. Fashion Designing</p> <p>i. Semester I ii. Semester II iii. Semester IV</p>	<p style="text-align: center;">B.Sc. Fashion Designing Semester I</p> <p style="text-align: center;">http://gndu.ac.in/syllabus/201617/SCI/BSC%20FASHION%20DESIGNING%20SEMESTER%20I%20TO%20VI.pdf (pg. 8)</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">8</p> <p style="text-align: center;">B.Sc. Fashion Designing (Semester-I)</p> <p style="text-align: center;">I. BASIC OF DESIGN AND ILLUSTRATION (Practical)</p> <p style="text-align: center;">Time: 3 Hrs Marks: 50</p> <ul style="list-style-type: none"> • Introduction to art media and its application. • The basic drawing and rendering of equipments using, pencils, crayons, poster and acrylic colours etc. • Introduction to basic sketching techniques. • Free hand sketching of day to day objects - flowers, flowerpots, leaves, barks, scenery (natural), houses, basic geometrical figures composed into interesting composition by combining different shapes (geometric) and all other kinds of drawings (abstract). • Colour-Preparation of colour wheel, grey scales, colour schemes and tints and shades. • Figure stylization - <u>Basic croquets, division of the body to make the 8 head figure, 10 head figure, 12 head figure, fleshing out body.</u> • Figure in motion - Geometrical blocks to make different postures. Segregate into postures as <u>normal standing, walking, running and sitting and fleshing of croquis.</u> </div> <p>(pg.11)</p> <div style="border: 1px solid black; padding: 5px; margin: 10px 0;"> <p style="text-align: center;">11</p> <p style="text-align: center;">B.Sc. Fashion Designing (Semester-I)</p> <p style="text-align: center;">III. BASICS OF SEWING - I (Practical)</p> <p style="text-align: center;">Time: 4 Hrs Marks: 50</p> <ul style="list-style-type: none"> • Introduction to different parts of sewing machine and their care and maintenance • Basic hand stitches • Seams and seam finishes - Plain, flat, run and fell, French, counter hem, mantua maker, over lock, hand over cast, turned and stitched, binding • Fullness - Darts, tucks, pleats, gathers • Neckline Finishes • Plackets - continuous, two piece placket, extended bodice trimmings • <u>Pockets - Patch, welt, inseam, bound, flap, karta</u> </div>

B.Sc. Fashion Designing Semester II

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III. BASICS OF SEWING – II
(Theory)

Time: 3 Hrs
Total Periods: (3+6) Per Week

Max. Marks: 100
Theory: 50
Practical: 50

Instructions for the Examiners/Paper Setters:
Each question paper of theory will consist of eight questions and a candidate has to attempt five out of these. Each question will be of 10 marks.

OBJECTIVES:
To impart knowledge of machines used for sewing.

THEORY:

- Terminology – Notches, grain, grain line, construction lines, centre front and back line, bias, true bias, bust line, waist line, seam line, seams, seam allowances, jog, darts, dart points, direction of dart excess, dart shape at pattern edge
- Anthropometric measurements – Study of all body measurements of all age groups (infants, children, women and men), standards of body measurements, importance, standardization and size chart
- Drafting – Its importance and uses
- Introduction to pattern making and its tools
- Sleeves – Different types of sleeves
- Collars - Different types and styles of collars
- Yokes – Yokes with fullness and without fullness (definition, purpose, their application and construction)
- Trimmings - Different types of trimmings

B.Sc. Fashion Designing Semester IV

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B.Sc. Fashion Designing (Semester-IV)

I. FASHION DESIGN AND ILLUSTRATION (CAD)
(Practical)

Time: 3 Hrs.
Total Credit Periods: (00+06)

Max. Marks: 100

Instructions for the Examiners/Paper Setters:

- Set 3 questions from CAD part
- File work

Marks: 30x3=90
Marks: 10

OBJECTIVES:
To understand the fashion design concepts on computer.
To acquaint students with knowledge of CAD based application in fashion designing.

CAD:

- Croqui drawing in Computer.
- Drawing the details of the following and applying various texture and effects using CAD (Corel Draw).
- Fashion Details/Silhouette:
Collars: Mandarin, High Collar, Torpedo, Cape, Flat Tennis
Sleeves: Raglan, Hanky, Turtleneck, Dolman
Accessories: Bags, Belts, Caps, Bows.
Pockets: Flap, Pouch, Patch, Cross, Slit, Kurta
Skirts: Novelty, Gathered, Hip Rider, Trauser, Pezged, Circular, Pleated, Straight, A-

Bachelor of Design

i. Semester III

ii. Semester IV

Bachelor of Design Semester III

<http://gndu.ac.in/syllabus/201617/VISPERF/BACHELOR%20OF%20DESIGN%20SEM%20I%20to%20VIII.pdf> (pg.24)

BACHELOR OF DESIGN SPECIALIZATION (SEMESTER-III) FASHION DESIGN

I. Design Development-1 (Practical)

Total Marks: 150

Instruction for the Examiners (Practical):

The examiner should set 3 questions out of which 2 has to attempted.

Fashion Art-I:

1. Understanding the fashion figure
2. Figure analysis (3 different postures–front, 3 quarters, profile)
3. Understanding style lines in fashion figure
4. Analysis of hands, feet and face
5. Draping the fashion figure with

Princess seamline Top

Full Sleeve front placket opening Top

Pleated trouser

Contour trouser

One piece dress with princess seam one piece dress with fish dart

6. Rendering Croquis with coloured pencil

7. Fashion Details Pockets Sleeves Cuffs Collars Necklines Skirts Pants Silhouettes Garment decorative details (embroidery, quilting etc.)

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BACHELOR OF DESIGN SPECIALIZATION (SEMESTER-III)

8. Working with Objects:

- Group/Ungroup objects
- Separate objects
- Weld and Trim
- To change order of objects
- Combine two objects
- Cut, Copy and Paste
- Break a part

Note: Fashion Design students should work on Fashion Details like:-

- Trousers
- Jackets
- Collars
- Necklines
- Skirts Sleeves

Note: Textile Design students should work on Following Details like:-

- Repeats/placements
- Motifs
- Patterns
- (Paisley, ogee, centre line, checks, stripes)

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BACHELOR OF DESIGN SPECIALIZATION (SEMESTER-III) FASHION DESIGN

V. Technical Theory (Theory)

Time: 3 Hrs.

Total Marks: 50

Instruction for the Examiners (Theory):

Eight questions are required to be set giving equal weightage to all the units. The candidates will Have to attempt any five. All questions carry equal marks.

- Fashion Vocabulary
- Fashion Forecasting
- Fashion Details- Pockets, Sleeves, Cuffs, collars, necklines, skirts, pants, silhouettes and garment decorative details (embroidery, quilting etc.)
- Fibers-Classification- Properties, Characteristics
- Vegetable Fibers-Cotton, Linen, Jute
- Animal Fibers-Wool, Silk
- Synthetic & Man-made- Fibers- Nylon, Polyesters, Rayon/Viscose, Acrylic.

Bachelor of Design Semester IV

<http://gndu.ac.in/syllabus/201617/VISPERF/BACHELOR%20OF%20DESIGN%20SEM%20I%20to%20VIII.pdf>(pg.48)

Instruction for the Examiners (Practical):

The examiner should set 2 questions out of which 1 has to be attempted.

1. Pattern making of adult bodice block.
2. Dart manipulating through pivot and slashand spread method.
3. Construction of Fashion Details- Frills, tucks, pleats.
4. Attachment of trimming & accessories.
5. Construction of different types of pockets.
6. Construction of women's top
7. Construction of Sundress.
8. Basic embroidery stitches and Construction of samples of Indian Traditional embroideries (atleast six).

Punjabi

- i. B.Sc. (BT)- Semester I
- ii. B.C.A. Semester I
- iii. B.F.A. Semester I
- iv. B.D. Semester I
- v. B.Voc. Semester I
- vi. B.Sc. (FD)- Semester I
- vii. B.Sc. (BT)- Semester II
- viii. B.C.A. Semester II
- ix. B.F.A. Semester II
- x. B.D. Semester II
- xi. B.Voc Semester II
- xii. B.Sc. (FD)- Semester II
- xiii. B.A. Semester III
- xiv. B.Sc. Semester III

Gender ਨਾਲ ਸਬੰਧਤ ਸਮੱਗਰੀ**B.Sc. BT/BCA/BFA/BD/B.Voc/FD Semester I**

ਓ.ਗਿਆਨ ਮਾਲਾ

1. ਭਰੂਣ ਗੱਤਿਆ ਦੇ ਦੇਸ਼ ਵਿਚ
2. ਨਾਰੀ ਸ਼ਕਤੀ

<http://gndu.ac.in/syllabus/201617/SCI/BSC%20FASHION%20DESIGNING%20SEMESTER%20I%20TO%20VI.pdf> (pg. 17 S.No. 1)

ਅ.ਆਤਮ ਅਨਾਤਮ

1.ਖਨਗਾਹੀਂ ਦੀਵਾ ਬਾਲਦੀਏ : ਪ੍ਰੋ ਮੋਹਨ ਸਿੰਘ

2.ਲੂਣਾ : ਸ਼ਿਵ ਕੁਮਾਰ

3.ਅੰਨਦਾਤਾ : ਅੰਮ੍ਰਿਤਾ ਪ੍ਰੀਤਮ

<http://gndu.ac.in/syllabus/201617/SCI/BSC%20FASHION%20DESIGNING%20SEMESTER%20I%20TO%20VI.pdf> (pg.17 S.No.2)

B.Sc. BT/BCA/BFA/BD/B.Voc/FD Semester II

1. ਪਠਾਣ ਦੀ ਧੀ : ਸੁਜਾਨ ਸਿੰਘ

<http://gndu.ac.in/syllabus/201617/SCI/BSC%20FASHION%20DESIGNING%20SEMESTER%20I%20TO%20VI.pdf> (pg.29 S.No. 2)

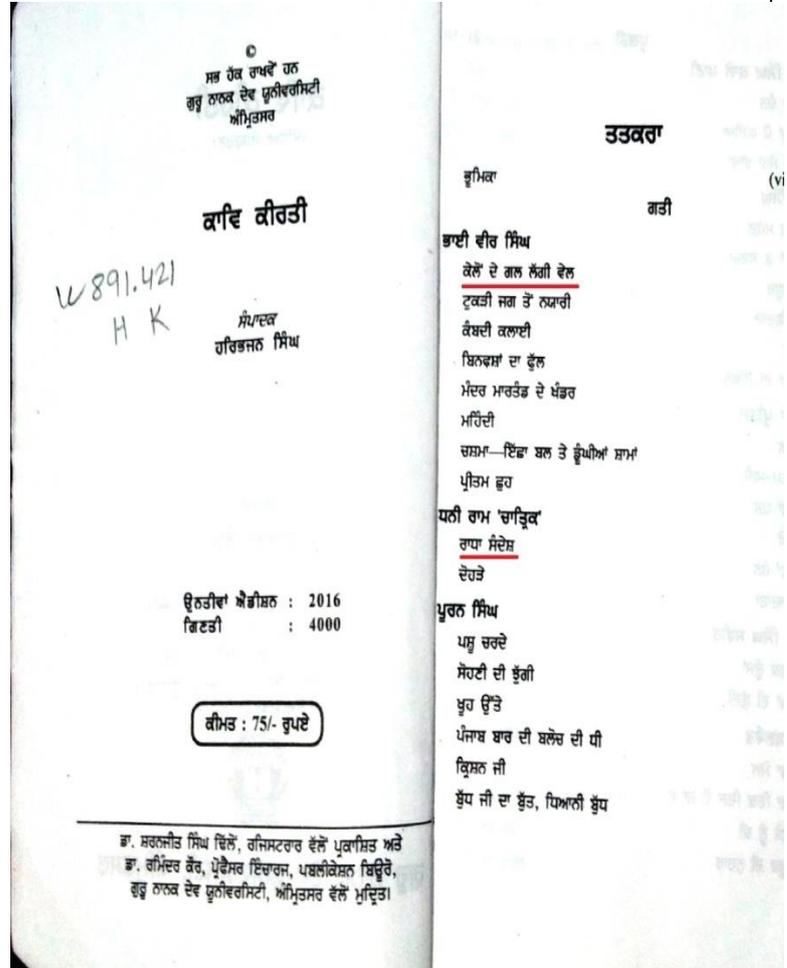
BA/B.Sc./B.Com/B.B.A Semester III

ਓ. ਕਾਵਿ ਕੀਰਤੀ : ਹਰਿਭਜਨ ਸਿੰਘ (ਸੰਪ)

- xv. B.Com Semester III
- xvi. B.B.A. Semester III
- xvii. B.A. Semester IV
- xviii. B.Sc. Semester IV
- xix. B.Com Semester IV
- xx. B.B.A. Semester IV
- xxi. B.A. Semester V
- xxii. B.Sc. Semester V
- xxiii. B.Com Semester V
- xxiv. B.B.A. Semester V
- xxv. B.A. Semester VI
- xxvi. B.Sc. Semester VI
- xxvii. B.Com Semester VI
- xxviii. B.B.A. Semester VI

- 1. ਕੇਲੋਂ ਦੇ ਗਲ ਲੱਗੀ ਵੇਲ : ਭਾਈ ਵੀਰ ਸਿੰਘ
- 2. ਰਾਧਾ ਸੰਦੇਸ਼ : ਧਨੀ ਰਾਮ ਚਾਤਰਿਕ

<http://gndu.ac.in/syllabus/201617/MISC/BA%20BSC%20Semester%20III.pdf> pg. 170



BA/Bsc/B.com/BBA Sem IV

ੳ. ਕਾਵਿ ਕੀਰਤੀ : ਹਰਿਭਜਨ ਸਿੰਘ (ਸੰਪਾ)

1. ਜਾਇਦਾਦ : ਪ੍ਰੋ ਮੋਹਨ ਸਿੰਘ

2.ਰਾਖੇ , ਅੰਨਦਾਤਾ : ਅੰਮ੍ਰਿਤਾ ਪ੍ਰੀਤਮ

3.ਧੀ : ਹਰਿਭਜਨ ਸਿੰਘ

4.ਵਿਧਵਾ ਰੁੱਤ , ਕੰਡਿਆਲੀ ਥੋਰ : ਸ਼ਿਵ ਕੁਮਾਰ

<http://gndu.ac.in/syllabus/201617/MISC/BA%20BSC%20Semester%20IV.pdf> pg.170

ਪ੍ਰਕਾਸ਼	21-58	ਸੁਭਾਸ਼ ਬਾਬੂ ਦੇ ਗੁੰਮ ਹੋ ਜਾਣ ਤੇ	:
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ਮੇਰਾ ਚੰਨ		ਸੁੰਦਰ ਕਿਕਨ	:
ਸਾਮਾ ਪੈ ਗਈਆਂ		ਈਸ਼ਵਰ ਸਿੰਘ	
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BA/B.Sc./B.Com/BBA Semester V

(Elective punjabi)

1.ਚੰਦਨ ਦੇ ਓਹਲੇ : ਖਾਲੀ ਭੁਪਿੰਦਰ

<http://gndu.ac.in/syllabus/201617/MISC/BA%20BSC%20Semester%20V.pdf> pg. 169 S.No. 3

BA/B.Sc./B.com/BBA Semester VI

ਉ.ਜੱਗ ਬੀਤੀ ਹੱਡ ਬੀਤੀ : ਜੋਗਿੰਦਰ ਸਿੰਘ ਰਾਹੀ (ਸੰਪ)

1.ਕਾਲਾ ਬਾਪ ਰੋਗਾ ਬਾਪ : ਮਹੀਪ ਸਿੰਘ

2. ਫੈਸਲਾ : ਪ੍ਰੇਮ ਪ੍ਰਕਾਸ਼

3.ਸਾਂਝ : ਗੁਰਦਿਆਲ ਸਿੰਘ

4. ਗੁਲਬਾਨੋ : ਅਜੀਤ ਕੌਰ
5. ਉਹ ਸੋਚਦੀ : ਦਲੀਪ ਕੌਰ ਟਿਵਾਣਾ
6. ਘੋਟਣਾ : ਮੋਹਨ ਭੰਡਾਰੀ

<http://gndu.ac.in/syllabus/201617/MISC/BA%20BSC%20Semester%20VI.pdf> (pg. 182 S.No.1)

ਜਗ ਬੀਤੀ ਹੱਡ ਬੀਤੀ		ਤਤਕਰਾ	
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English

- i. B.A. Semester I
- ii. B.SC. Semester I
- iii. B.Com Semester I
- iv. B.A. Semester III
- v. B.Sc. Semester III
- vi. B.Com Semester III
- vii. M.A. Semester I
- viii. M.A. Semester II

B.A/B.Sc./B.Com Semester I

1. 'The Shroud' by Munshi Prem Chand (Tales of Life)
2. 'The Power of Women' by Richard Gordon (Prose for Young Learners)

<http://gndu.ac.in/syllabus/201617/MISC/BA%20BSC%20Semester%20I.pdf> (pg. 182 S.No. 1&2)

B.A/B.Sc./B.Com Semester III

3. 'Belinda's Dressing Table' by A. Pope (Moments in Time)
4. 'Porphyria's Lover' by Robert Browning (Moments in Time)

<http://gndu.ac.in/syllabus/201617/MISC/BA%20BSC%20Semester%20III.pdf> (pg. 166 S.No. 2)

	<p style="text-align: center;">B.A/B.Sc./B.Com Semester III</p> <p>5. 'The Portrait' by Robert Graves 6. 'Mirror' by Sylvia Plath 7. Mayor of Casterbridge by Thomas Hardy</p> <p style="text-align: center;">M.A Semester I</p> <p>8. Pride and Prejudice by Jane Austen (Paper-III) http://gndu.ac.in/syllabus/201617/LANGUAGES/MA%20ENGLISH%20FOR%20COLLEGES.pdf (pg. 4 UNIT-I)</p> <p>9. Jude, the Obscure by Thomas Hardy(Paper-III) http://gndu.ac.in/syllabus/201617/LANGUAGES/MA%20ENGLISH%20FOR%20COLLEGES.pdf (pg. 4 UNIT-IV)</p> <p>10. Sons and Lovers by D.H. Lawrence (Paper-VIII) http://gndu.ac.in/syllabus/201617/LANGUAGES/MA%20ENGLISH%20FOR%20COLLEGES.pdf (pg. 11 UNIT-I)</p> <p style="text-align: center;">M.A Semester II</p> <p>11. Fasting, Feasting by Anita Desai (Paper-XIV) http://gndu.ac.in/syllabus/201617/LANGUAGES/MA%20ENGLISH%20FOR%20COLLEGES.pdf (pg.18 UNIT-III)</p> <p>12. Poetry of Kamala Das http://gndu.ac.in/syllabus/201617/LANGUAGES/MA%20ENGLISH%20FOR%20COLLEGES.pdf (pg.18 UNIT-I)</p> <p>13. The Scarlet Letter by Nathaniel Hawthorne http://gndu.ac.in/syllabus/201617/LANGUAGES/MA%20ENGLISH%20FOR%20COLLEGES.pdf (pg. 23 UNIT-II)</p>
<p>Hindi</p> <p>i. B.A. Semester III ii. B.A. Hons Semester III iii. M.A. Semester II iv. M.A. Semester III v. M.A. Semester IV</p>	<p style="text-align: center;">B.A. Semester III</p> <p>http://gndu.ac.in/syllabus/201718/MISC/BA%20BSC%20Semester%20III%202017-18.pdf (pg. 178) BA Sem III</p> <p style="text-align: center;">B.A.Hons Semester III</p> <p>http://gndu.ac.in/syllabus/201718/MISC/BA%20HONS%2012%20PLUS%203%20SYSTEM%20OF%20EDUCATION%202017-18.pdf (pg. 86) BA Hons. Sem III</p>

SEMESTER-III

HINDI

आधुनिक कव्य तथा कव्य नाटक

समय: 3 घण्टे

कुल अंक: 100

व्याख्य :-

- क. प्रश्नपत्र तीन खण्डों में विभक्त है। प्रथम खण्ड में से 10 प्रश्न पूछे जायेंगे। इन प्रश्नों का उत्तर अधिकतम पचास शब्दों/पांच पंक्तियों में देना होगा। सभी प्रश्न अनिवार्य होंगे। प्रत्येक प्रश्न 2 अंकों का है तथा कुल अंक 20 होंगे।
- ख. द्वितीय खण्ड में 12 प्रश्न पूछे जाएंगे जिनमें से आठ प्रश्नों का उत्तर देना अनिवार्य होगा। इन प्रश्नों का उत्तर अधिकतम दो पृष्ठों अथवा 250 शब्दों की सीमा का होगा। प्रत्येक प्रश्न 6 अंकों का होगा। कुल अंक 48 होंगे।
- ग. तृतीय खण्ड में 4 प्रश्न पूछे जाएंगे जिनमें से दो प्रश्नों का उत्तर देना अनिवार्य होगा। प्रत्येक प्रश्न का उत्तर अधिकतम पांच पृष्ठों अथवा 1000 शब्दों तक सीमित होगा। प्रत्येक प्रश्न 16 अंकों का होगा। कुल अंक 32 होंगे।

निर्धारित पुस्तकें:

1. सर्वेश्वरदयाल सक्सेना, प्रतिनिधि कविताएँ, राजकमल प्रकाशन, नई दिल्ली।

अध्ययन के लिए चयनित कविताएँ:

1. अक्सर एक व्यथा, एक सुनी नाव, स्मृति, रसोई, पिछड़ा आदमी, अपनी किरिया के लिए जो कविताएँ कादमाण्डू में भोर, तुम्हारे लिए, नू शुन और विडिया, धीरे-धीरे, अन्त में।
2. एक कंठ विषपायी, दुष्यंत कुमार, लोकभारती प्रकाशन, इलाहाबाद।

M.A. Semester II

<http://gndu.ac.in/syllabus/201617/LANGUAGES/MA%20HINDI%20FOR%20COLLEGES.pdf> (pg. 24) MA Sem II

प्रश्नपत्र—दस वैकल्पिक अध्ययन
विकल्प—एक : नाटककार मोहन राकेश

समय: तीन घण्टे

कुल अंक : 80

आवश्यक निर्देश: यह प्रश्नपत्र दो भागों में विभाजित है।

- क) प्रथम भाग सप्रसंग व्याख्याओं एवं लघुप्रश्नों का है। यह भाग दो उपधीर्षकों में विभक्त होगा। प्रथम उपधीर्षक के अंतर्गत छह में से चार व्याख्याएँ और दूसरे उपधीर्षक में छह में से चार प्रश्न करने होंगे। प्रत्येक प्रश्न एवं व्याख्या छह अंकों की है। दूत पाठ हेतु निर्धारित कवियों से संबंधित प्रश्न इसी भाग में पूछे जाएंगे। **8x6=48**
- ख) द्वितीय भाग विस्तृत प्रश्नों से सम्बन्धित है। कुल तीन प्रश्नों में से निर्दधानुसार दो प्रश्न करने होंगे। प्रत्येक प्रश्न 16 अंकों का है।
- परीक्षक कृपया इस बात का ध्यान रखें कि व्याख्या अथवा प्रश्न पूछते समय कोई भी कवि एवं कविता ना छूटे। **16x2=32**

व्याख्या के लिए निर्धारित नाटक :

1. आषाढ़ का एक दिन: राजपाल प्रकाशन, दिल्ली, 1958
2. लहरों के राजहंस: राजपाल प्रकाशन, दिल्ली, 1968
3. आधे अधूरे: राधाकृष्ण प्रकाशन, दिल्ली, 1974

अध्ययन के लिए निर्धारित परिक्षेत्र

1. नाटक : विधागत वैधिष्ट्य, तत्व तथा प्रकार
2. मोहन राकेश: व्यक्ति और नाटककार
3. मोहन राकेश की नाट्य-संज्ञा एवं नाट्य प्रयोग
4. मोहन राकेश रंगमंच के प्रबल समर्थ नाटककार
5. मोहन राकेश के नाटकों की मूल्य-चेतना

M.A Semester III

<http://gndu.ac.in/syllabus/201617/LANGUAGES/MA%20HINDI%20FOR%20COLLEGES.pdf> (pg. 35) MA Sem III

M.A. (HINDI) (SEMESTER-III)

एम.ए. हिन्दी semस्तर तीन
प्रश्न पत्र - कए
आधुनिक नव साहित्य

समय : तीन घण्टे

कुल अंक : 80

आवश्यक निर्देश: यह प्रश्नपत्र दो भागों में विभाजित है।

क) प्रथम भाग सप्रसंग व्याख्याओं एवं लघुप्रश्नों का है। यह भाग दो उपशीर्षकों में विभक्त होगा। प्रथम उपशीर्षक के अंतर्गत छह में से चार व्याख्याएं और दूसरे उपशीर्षक में छह में से चार प्रश्न करने होंगे। प्रत्येक प्रश्न एवं व्याख्या छह अंकों की है। द्रुत पाठ हेतु निर्धारित रचनाकारों से संबंधित प्रश्न इसी भाग में पूछे जाएंगे।

8x6=48

ख) द्रुतपाठ हेतु निर्धारित साहित्यकार पर अधिकाधिक केवल दो सामान्य परिचयात्मक प्रश्न पूछे जायेंगे।

ग) द्वितीय भाग विस्तृत प्रश्नों से सम्बन्धित है। कुल तीन प्रश्नों में से निर्देशानुसार दो प्रश्न करने होंगे। प्रत्येक प्रश्न 16 अंकों का है।

परीक्षक कृपया इस बात का ध्यान रखें कि व्याख्या अथवा प्रश्न पूछते समय कोई भी रचनाकार एवं रचना ना छूटे।

16x2=32

पाठ्य विषय:

व्याख्या एवं विवेचन के लिए निर्धारित कृतियाँ :

1. गोवान; प्रेमचंद, हंस प्रकाशन, इलाहाबाद।
2. एक दुनिया समानांतर; राजेन्द्र यादव, अक्षर प्रकाशन, दिल्ली।
3. अतीत के क्लविज, महादेवी वर्मा, राधाकृष्ण प्रकाशन दिल्ली में से केवल पहले दस

M.A Semester IV

<http://gndu.ac.in/syllabus/201617/LANGUAGES/MA%20HINDI%20FOR%20COLLEGES.pdf> (pg.49) MA Sem IV

M.A. (HINDI) (SEMESTER-IV)

अध्ययन के लिए निर्धारित परिसर

1. तुलसीदास और उनका काव्य: परिचय और विशेषताएँ

तुलसी की समन्वय भावना व लोकनायकत्व

तुलसी की भक्ति-भावना

तुलसी के दार्शनिक सिद्धान्त

रामचरितमानस का साहित्यिक मूल्यांकन

विनय पत्रिका: मूल प्रतिपाद्य और शिल्प

कवितावली: मूल प्रतिपाद्य

2. मीरा बाई और उनका काव्य : परिचय और विशेषताएँ

मीरा बाई के काव्य के दार्शनिक सिद्धान्त

मीरा बाई के काव्य में भक्ति का स्वरूप

मीरा बाई की वाणी का काव्य सौष्ठव

हिन्दी कृष्ण काव्यपरंपरा में मीरा बाई का स्थान

3. बिहारी और उनका काव्य: परिचय और विशेषताएँ

सतसई परम्परा और बिहारी सतसई

बिहारी सतसई: मूल प्रतिपाद्य

बिहारी सतसई: भक्ति, नीति और शृंगार का समन्वय

बिहारी की अर्धवत्ता

बिहारी सतसई: काव्य शिल्प

History

i. B.A. Semester III

BA Semester III

<http://gndu.ac.in/syllabus/201819/MISC/BA%20BSC%20Semester%20III%202018-19.pdf> (pg.8-9)

<p>ii. B.A. Semester IV</p>	<p>Rani Lakshmi Bai's role in the revolt of 1857 is taught to the students. Women empowerment was an important agenda of the social-reform movements of the 19th century.</p> <p style="text-align: center;">SEMESTER-III HISTORY</p> <p style="text-align: center;">HISTORY OF INDIA (AD 1707-1947)</p> <p>Time: 3 Hours Max. Marks: 100</p> <p>Instructions for the Paper Setter:</p> <p>Section-A: The examiner shall set 10 short answer type questions covering entire syllabus and the candidates will have to attempt 8 questions of 2 marks each. Answer to each question shall be approximately of 50 words. The total weightage of this section shall be 16 marks.</p> <p>Section-B: The examiner shall set 8 questions, by selecting 2 questions out of each unit. The candidate shall attempt any 6 questions in all by selecting atleast one question from each unit. Each question shall carry 14 marks. The total weightage of this section shall be 84 marks.</p> <p style="text-align: center;">UNIT-I</p> <ol style="list-style-type: none"> Foundation of British Rule: Advent of the British; Battles of Plassey and Buxar, Clive and Warren Hastings; Subsidiary Alliance Policy, Doctrine of Lapse. The Uprising of 1857: Causes, Spread of the Uprisings, Nature and aftermath. <p style="text-align: center;">UNIT-II</p> <ol style="list-style-type: none"> Economic Changes: Agriculture, British commercial policies and the impact on the trade balance; Destruction of indigenous industries; the growth of modern industry; The drain theory. Growth of Education and Political Organization: New education; Rise of the middle classes, Political institutions; Socio Religious Movements : Brahma Samaj, Arya Samaj, Rama Krishana Mission, Prarthna Samaj, Theosophical Society, Aligarh Movement. <p style="text-align: center;">BA Semester IV</p> <p style="text-align: center;">http://gndu.ac.in/syllabus/201819/MISC/BA%20BSC%20Semester%20IV%202018-19.pdf (pg.7)</p> <p style="text-align: center;">SEMESTER-IV HISTORY</p> <p style="text-align: center;">HISTORY OF THE PUNJAB (AD 1469-1799)</p> <p>Time: 3 Hours Max. Marks: 100</p> <p>Instructions for the Paper Setter:</p> <p>Section-A: The examiner shall set 10 short answer type questions covering entire syllabus and the candidates will have to attempt 8 questions of 2 marks each. Answer to each question shall be approximately of 50 words. The total weightage of this section shall be 16 marks.</p> <p>Section-B: The examiner shall set 8 questions, by selecting 2 questions out of each unit. The candidate shall attempt any 6 questions in all by selecting atleast one question from each unit. Each question shall carry 14 marks. The total weightage of this section shall be 84 marks.</p> <p style="text-align: center;">UNIT-I</p> <ol style="list-style-type: none"> Sources: Geographical and Physical features, Historical literature in Persian and Punjabi; Religious literature; Administrative records and documents; European travellers' accounts, Non-literary sources: numismatics and paintings; Socio-Religious condition of the Punjab around 1500 A.D.: The Sunnis; the Shias; the Sufis, the Brahmans; the Jogis; the Vaishnava bhakti and the saints. Foundation of Sikh Panth: Guru Nanak Dev and his Teachings: Early life, Conception of God, Importance of the Guru, Insistence on right conduct and earnest profession; Institution of community kitchen (Langer) and Congregational worship (sangat), Succession to Guruship. Development of the Sikh Panth: Guru Angad Dev to Guru Arjan Dev: Increasing number of sangats: Sikh ceremonies; the Manji and Masand system, The founding of the sacred places, The Harimandir. Compilation of the Adi Granth. Transformation of the Sikh Panth: Guru Hargobind to Guru Tegh Bahadur: Martyrdom of Guru Arjan Dev and Guru Hargobind's response; Armed conflict with the state; Circumstances leading to the accession and martyrdom of Guru Tegh Bahadur.
<p>Sociology i. B.A. Semester IV</p>	<p style="text-align: center;">B.A. Semester IV</p> <p style="text-align: center;">http://gndu.ac.in/syllabus/201819/MISC/BA%20BSC%20Semester%20IV%202018-19.pdf</p>

[ester%20IV%202018-19.pdf](#) (pg.12)

SOCIAL CHANGE IN INDIA

Time: 3 Hours

Marks: 100

Instructions for the Paper Setters:

Section-A: The examiner shall set 10 short answer type questions covering entire syllabus and the candidates will have to attempt 8 questions of 2 marks each. Answer to each question shall be approximately of 50 words. The total weightage of this section shall be 16 marks.

Section-B: The examiner shall set 8 questions, by selecting 2 questions out of each unit. The candidate shall attempt any 6 questions in all by selecting atleast one question from each unit. Each question shall carry 14 marks. The total weightage of this section shall be 84 marks.

UNIT I

a) **Social Change:** Meaning and Forms: Evolution, Revolution, Progress and Development.

UNIT II

b) **Factors of Social Change:** Demographic, Education, Industrialization, Legislation and Urbanization.

UNIT-III

a) **Processes of Change:** Sanskritization, Westernization, Modernization and Secularization, Globalization.

UNIT IV

b) **Challenges of Social Change:** Dowry, Domestic Violence, Divorce, Problems of elderly, Female foeticide.

Books Recommended:

1. Ahuja, Ram: *Social Problems*, Rawat Publishers, New Delhi, 1992.
2. Abraham, M. Francis: *Contemporary Sociology*, Oxford University, New Delhi, 2006.
3. Gill, S.S.: *The Pathology of Corruption*, Harper Collin Publishers, New Delhi, 1998.
4. Kapila, S.: *A Textbook of Sociology*, Part-I & II, New Academic House, Jalandhar, 1990-91.
5. Kuppaswamy, B.: *Social Change in India*, Vikas, Delhi, 1975.
6. Maclver, R.M. & Page, Charles H.: *Society, An Introductory Analysis*, Macmillan, London, 1974.
7. Srinivas, M.N.: *Social Change in Modern India*, Orient Longman, Bombay, 1972.
8. Macions, John.J and Ken Plumer. 2014, *Sociology: A Global Introduction*. London: Pearson.

(B) Gender equity and sensitization promotion through Co-Curricular Activities

Session 2018-19

Activity & Date	Report	Photograph
<p>Alankaran Diwas</p> <p>20.08.2018</p>	<p>To inculcate leadership skills and decision making skills among students Installation ceremony of Student Council was held. 16 students were designated with titles of Joint Head Girls and Assistant Head Girls. 52 students bestowed with the badges of secretary of various societies.</p> <p>http://hmvnews.blogspot.com/2018/08/installation-ceremony-of-student.html</p>	

<p>Rakhi Sakhi Celebrations</p> <p>24.08.18</p>	<p>Rakshabandhan was celebrated by tying organic rakhis. Mrs Aashika Jain, Joint Commissioner Municipal Corporation was the Chief Guest. Principal Prof. Dr. (Mrs.) Ajay Sareen tied rakhi to her. The concept behind this was to stand up for each other and themselves to create an egalitarian society. http://hmvnews.blogspot.com/2018/08/rakhi-sakhi-celebrated-in-hmv.html</p>	
<p>Medical check up camp on Hormonal imbalance</p> <p>18.09.2018</p>	<p>On this occasion, Dr. Harinder Kaur Oberoi, a renowned gynecologist was the chief guest. She gave a presentation on Hormonal Imbalance to explain causes like diabetes, hypo thyroidism, hyper thyroidism. She told that students to incorporate hormonal friendly food in their diet to balance hormones. http://hmvnews.blogspot.com/2018/09/medical-check-up-camp-on-hormonal.html</p>	
<p>HMV starts Campus Chapter with All Ladies League</p> <p>06.10.2018</p>	<p>All Ladies League was the World's largest international world's chamber and global movement for the welfare and Wellbeing of all by empowering women's leadership at all levels. HMV started this campus chapter with All Ladies League (ALL), an international women chamber under Women Studies</p>	

	<p>and Gender Sensitization Cell, under the able guidance of Principal Prof.Dr.(Mrs.) Ajay Sareen.</p> <p>http://hmvnews.blogspot.com/2018/10/hmv-starts-campus-chapter-with-all.html</p>	
<p>Elocution Competition on Social Issues</p> <p>25.10.2018</p>	<p>The department of Sociology organised an Elocution Competition. Around 30 exuberant students participated and presented their views on topics ranging from environment, social media and 'me too' campaign.</p> <p>http://hmvnews.blogspot.com/2018/11/elocution-competition-organized-at-hmv.html</p> <p>https://www.facebook.com/hmvofficial/photos/a.293163501048717/726035077761555/?type=3&theater</p>	 <p>छात्राओं ने एनवायरनमेंट, सोशल मीडिया और मी टू कैम्पेन पर रखे विचार</p> <p>■ एच.एम.टी. में एलोक्यूशन प्रतियोगिता आयोजित</p> <p>जासंघ, 22 नवंबर (कुन): इंदौर में महिला महाविद्यालय (एच.एम.टी.) के सोसियोलॉजी विभाग द्वारा एलोक्यूशन प्रतियोगिता प्राचार्या प्रो. डा. अजय सरिन के निर्देश में करवाया गया। इवेंट इजानन नंदिनी सुभिया ने निर्माणकरण, डा. रमनीता सेनी शारदा (डीन, इन्वेंटिव प्रिक्टिस), लक्लीन कोर व पवन कुमारी का स्वागत किया। इस प्रतियोगिता में 30 छात्राओं ने एनवायरनमेंट, सोशल मीडिया और मी टू कैम्पेन जैसे विषयों पर अपने भाव व्यक्त किए। डा. रमनीता सेनी शारदा ने छात्राओं की इस प्रतियोगिता में बढ़-चढ़कर भाग लेने के लिए प्रशंसा की। से पूरा करती है। प्रतियोगिता में कथन प्राचार्या प्रो. डा. अजय सरिन ने छात्राओं को हर प्रतियोगिता में भाग लेने व आत्मविश्वास बनाए रखने के लिए प्रोत्साहित किया। प्राचार्या ने कहा कि छात्राओं के लिए ऐसी प्रतियोगिताएं उनमें आत्मविश्वास लाती हैं और स्टेज के डर के भाव को उनके मन हरमनीत कोर व पवन कुमारी। (संदीप)</p> <p>प्रतियोगिता में शामिल छा. रमनीता सेनी शारदा, लक्लीन कोर व पवन कुमारी। (संदीप)</p> <p>से पूरा करती है। प्रतियोगिता में कथन प्राचार्या प्रो. डा. अजय सरिन ने छात्राओं को हर प्रतियोगिता में भाग लेने व आत्मविश्वास बनाए रखने के लिए प्रोत्साहित किया। प्राचार्या ने कहा कि छात्राओं के लिए ऐसी प्रतियोगिताएं उनमें आत्मविश्वास लाती हैं और स्टेज के डर के भाव को उनके मन हरमनीत कोर व पवन कुमारी। (संदीप)</p> <p>Fri, 23 November 2018 dainiksaveratimes.epapr.in/c/34227607</p>
<p>International Men's Day</p> <p>19.11.2018</p>	<p>On this occasion a panel discussion was held on 'Contribution of Men to a Healthy Society'. The panelists lauded the role of avant-garde, gender neutral people who make a difference in our daily life.</p> <p>http://hmvnews.blogspot.com/2018/11/international-mens-day-celebrated-at-hmv.html</p>	
<p>Lohri Dhian Di</p> <p>12.01.2019</p>	<p>Setting up novel traditions and leading the way to women empowerment the college celebrated 'Lohri Dhian Di' in</p>	

collaboration with Sarv Sukh Sewa Mission. On this occasion a cultural programme was organized to mark the importance of girl child in the society. Students of HMV presented dances, songs and choreography based on girl child. Everyone enjoyed the warmth of holy bonfire.

<http://hmvnews.blogspot.com/2019/01/hmv-celebrated-lohri-dhiyan-di.html>
<https://www.facebook.com/hmvofficial/photos/a.293163501048717/758427064522356/?type=3&theater>



International Women's day

08.03.2019

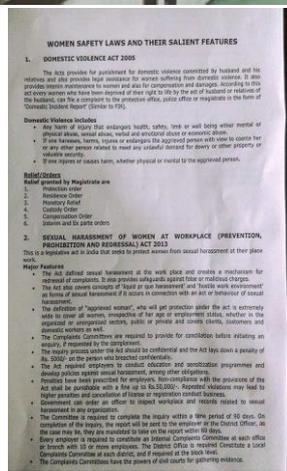
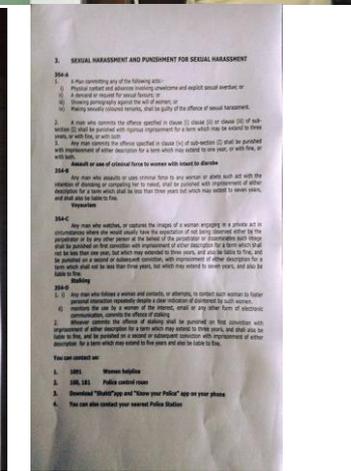
International women's day in association with fine arts department was celebrated. Various competitions like card making, painting, flower making, were organized to enhance the artistic qualities of the students. 200 students of different classes of the college participated in the event.

<http://hmvnews.blogspot.com/2019/03/international-womens-day-celebrated.html>



<p>National Seminar on Increasing Participation of Women in Science and Technology</p> <p>16.03.2019</p>	<p>The chief guest, Dr. H.S. Bhalla explaining empowerment said that it comes from position and action and there is no force equal to a determined woman. Though our societal set up poses a threat to women safety but the women need to overcome these problems and prove true to their capability. The keynote speaker Dr. Vinita Sharma asserted that no nation can progress if half of its population i.e. women are held back.</p> <p>http://hmvnews.blogspot.com/2019/03/national-seminar-on-increasing_16.html</p> <p>https://www.facebook.com/hmvofficial/photos/a.293163501048717/795342624164133/?type=3&theater</p>	
<p>Nukkad Natak Vehengi</p> <p>26.03. 2019</p>	<p>On the occasion of World Theatre Day, The Red Art Theatre Team of Patiala presented play Vehngi in Kirti hostel. Mrs. Veena Arora highlighted the fact that theatre played an important role in social, economical and political changes.</p> <p>https://www.facebook.com/hmvofficial/photos/a.293163501048717/801053400259722/?type=3&theater</p>	
<p>CATC camp for girls</p> <p>20.05.2019</p>	<p>400 Cadets from various institutions attended the camp. Training imparted to the cadets on various subjects such as drill, weapon training, map reading, first aid, adventure , self defence , military history, physical fitness etc.</p> <p>https://twitter.com/etdefence/status/614323542578966528</p>	

Session 2017-18

Activity & Date	Report	Photograph
<p>Interactive session on "Making Public Places Safe for Women" in collaboration with Police Administration, Jalandhar</p> <p>21.07.2017</p>	<p>The Police Commissionerate Jalandhar organized a Conference on Making Public Places Safe for Women. Chief Guest of the occasion was ADGP (Law & order) Sh. Rohit Chaudhary. He said that this problem can be better solved with the help of youth only. Women should feel safe at public places, this is their aim.</p> <p>http://hmvnews.blogspot.com/2017/07/police-commissionerate-organized.html</p> <p>https://www.facebook.com/hmvcollege/photos/pcb_986670881473064/986670804806405/?type=3&theater</p> <p>https://www.facebook.com/hmvcollege/photos/pcb_986670881473064/986670838139735/?type=3&theater</p>	  
<p>Poster making competition on "Women Icons in Bioinformatics"</p> <p>14.08.2017</p>	<p>PG Department of Bioinformatics, conducted a poster making competition. Students made posters on various Women Scientists and entrepreneurs working in the field of Computational Biology and Bioinformatics.</p> <p>http://hmvnews.blogspot.com/search?q=Women+Icons+in+Bioinformatics</p>	

<p>Workshop on Entrepreneurship 18.08.2017</p>	<p>Resource person Mr. Kartik Mehta, Certified Entrepreneurship and Soft Skill Mentor made the students aware about the entrepreneurship, raising funds for business, activating the business and growing it with branding. http://hmvnews.blogspot.com/search?q=carpe-diem ± http://www.tribunenewsline.com/two-day-workshop-on-entrepreneurship-inaugurated-at-hmv/</p>	 
<p>Seminar on Right to Service Act 2011 28.08.2017</p>	<p>The resource person Sh. Shiv Kumar Sonik enlightened the students with the laws related to right to service in different departments and make dream of corruption free India come true. http://hmvnews.blogspot.com/search?q=right+to+service+act</p>	
<p>Alankaran Diwas 04.09.2017</p>	<p>Installation ceremony for the newly constituted Students Council was organized in which Principal Dr. Ajay Sareen adorned the titles of Head Girl PG and Head Girl (undergraduate). The student council then took an oath to live up to the expectations and work efficiently keeping in mind the mission of the college.</p>	

<http://hmvnews.blogspot.com/2017/09/installation-ceremony-of-students.html>



Lohri Shagna Di

12.01.2018

On this occasion The students of Govt. Sr. Sec. School, Basti Mithu, were also present for the celebration and they were given gifts. Folk songs and dance of Lohri by the students of music and dance departments created a splendid ambience on the occasion.

<http://hmvnews.blogspot.com/search?q=lohri+shagna+di>



Seminar on Breast Cancer

12.02.2018

Dr. Archana Dutta Oncologist, PIMS delivered a very informative lecture on Breast Cancer. She listed various factors responsible for causing the disease. She also explained various screening methods available for timely diagnosis. She advised the students to adopt a healthy life style by taking nutritious diet and doing exercise daily.

<http://hmvnews.blogspot.com/2018/02/hmv-organized-seminar-on-breast-cancer.html>



<p>Seminar on Sexual Harassment of Woman at Work Place</p> <p>25.2.2018</p>	<p>Mrs. Anita Punj, IPS, the resource person connected with the students and eloquently discussed about the laws to curb the menace of sexual harassment at work place.</p> <p>http://hmvnews.blogspot.com/2018/03/hmv-organised-seminar-on-sexual.html</p>	
<p>International Women's Day</p> <p>08.03.2018</p>	<p>On the occasion of international Women's Day a pledge "Empowered Women Empower Others" was taken for a healthy human, egalitarian and emancipated society.</p> <p>http://hmvnews.blogspot.com/search?q=international+women%27s+day</p>	
<p>Seminar on "Beta Beti Ek Samaan"</p> <p>06.04.2018</p>	<p>NGO Alfa mahendru foundation, Jalandhar in association with the college organized a Declamation contest and seminar on Beta Beti Ek Samaan - Save the Girl Child". DIG PAP Dr. S.K. Kalia was the chief guest of the occasion. Mr. Ramesh Mahendru Chairman, Ngo Alfa Mahendru advocated the equal rights for girl child.</p> <p>http://hmvnews.blogspot.com/search?q=alfa+mahendru</p>	

<p>National Seminar on “The Treatment of Gender, Race and Class in English Literature”</p> <p>13.04.2018</p>	<p>More than 25 scholars hailing from different states presented their papers. Interactive Discussions were also held on the works of Dr. Neb, Shauna Singh, Mahesh Dattani, Casmus, R. Raj Rao, Vladimir and others.</p> <p>http://hmvnews.blogspot.com/search?q=Treatment+of+Gender%2C+Race+and+Class+in+English+Literature</p>	
<p>Role Play on Women Empowerment</p> <p>25.04.2018</p>	<p>The PG Department of Commerce and Management organized a role play activity on Women Empowerment. The students played the role of Saina Nehwal, Manal-al-Sharif, Manushi Chillar, Ben Ben Devi and the like.</p> <p>http://hmvnews.blogspot.com/2018/04/role-play-on-women-empowerment-at-hmv.html</p>	

Session 2016-17

Activity & Date	Report	Photograph
<p>International Literacy Day-Poster making competition</p> <p>08.09.2016</p>	<p>The Literacy Day celebrations were marked by a poster making competition in which students participated with great enthusiasm. The themes were related to knowledge, education, literacy and empowerment.</p> <p>http://hmvnews.blogspot.com/2017/09/international-literacy-day-celebrated.html</p>	
<p>Legal Literacy</p>	<p>College achieved a</p>	

<p>Cell 12.09.2016</p>	<p>landmark by setting up of Legal Literacy Cell, inaugurated by Sh. R. S. Attri, District and Session Judge-cum-Chairman, District legal Services Authority, Jalandhar. This is a milestone in creating awareness and providing free legal aid to the girl students.</p> <p>http://www.babushahi.com/full-news.php?id=49514&headline=Inauguration-of-Legal-Literary-Club-at-HMV-by-Distt.-&-Session-Judge-Raj-Shekhari-Attri</p>	 
<p>Alankaran Diwas 29.09.2016</p>	<p>On this occasion Principal Prof. Dr. Mrs. Ajay Sareen congratulated the new team of council and reminded them of their respective responsibilities. She emphasized on maintaining a balance between their regular curriculum and responsibilities given to them.</p> <p>http://hmvnews.blogspot.com/2016/09/installation-ceremony-alankaran-diwas.html</p>	

Health Check up camp on Menstrual Disorder

27.10.2016

Dr. Mrs. Seema Pasricha, gynecologist, Pasricha Hospital was invited. She discussed about many menstrual disorders like dysmenorrhea, menorrhagia, abnormal uterine bleeding and premenstrual syndrome. She encouraged the students to have a nutritious diet and adopt a healthy life style.

<http://hmvnews.blogspot.com/2016/10/hmv-organized-health-check-up-camp-on.html>

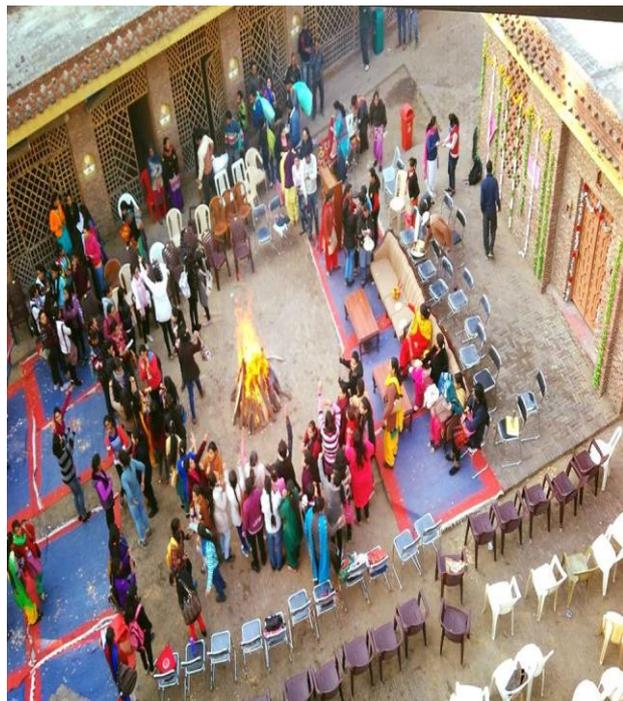


Dhia Di Lohri

12.01.2017

Dr. Sushma Chawla was the chief guest on this occasion. She stressed upon celebrating lohri by ending discrimination between boys and girls. The traditional songs and dance of lohri created a splendid ambience on the occasion.

<https://www.jagran.com/punjab/jalandhar-city-hmv-college-15369087.html>
<https://www.facebook.com/hmvcollege/photos/a.274614696012023/912496662223820/?type=3&theater>



Career opportunities in Govt. Sector for Women

19.01.2017

Mr. Paramjit Singh, the resource person, informed the students about various career opportunities in government sector. He emphasized the need of self-study, an important ingredient to crack any government exams.

<http://hmvnews.blogspot.c>



	om/2017/01/hmv-organized-lecture-on-career.html	
<p>International Women's day celebrations</p> <p>08.03.2017</p>	<p>The students of psychology department presented a Nukkad Natak 'khud ki khoj', depicting the problems faced by the Women</p> <p>http://hmvnews.blogspot.com/2017/03/hmv-celebrated-international-womens-day.html</p>	
<p>Workshop on Stress Management</p> <p>24.03.2017</p>	<p>Mrs. Archana, the resource person, faculty member of Art of living, addressed the workshop and conducted activities that were helpful in reducing stress. She also emphasized the benefits of Yoga in one's life. The workshop was attended by teaching and non-teaching staff members of college.</p> <p>http://hmvnews.blogspot.com/2017/03/workshop-on-stress-management-organized.html</p>	 <p>ਐਚ.ਐਮ.ਵੀ. ਵਿਖੇ ਸਟ੍ਰੈਸ ਮੈਨੇਜਮੈਂਟ 'ਤੇ ਵਰਕਸ਼ਾਪ ਦਾ ਆਯੋਜਨ</p> <p>ਵਰਕਸ਼ਾਪ ਦੇ ਚੇਅਰਮੈਨ ਸਾਥੇ ਸਟ੍ਰੈਸ ਮੈਨੇਜਮੈਂਟ (ਟੀਚਿੰਗ ਤੇ ਨਾਨ ਟੀਚਿੰਗ) ਸਟਾਫ਼ ਮੈਂਬਰਾਂ ਨੂੰ ਸੰਬੰਧਿਤ ਕੀਤਾ ਗਿਆ। ਇਸ ਵਰਕਸ਼ਾਪ ਵਿੱਚ ਸਟ੍ਰੈਸ ਮੈਨੇਜਮੈਂਟ ਦੇ ਮਹੱਤਵ ਅਤੇ ਆਰਥਿਕਤਾ ਨੂੰ ਸੰਬੰਧਿਤ ਕਰਕੇ ਸਟ੍ਰੈਸ ਮੈਨੇਜਮੈਂਟ ਦੇ ਢੰਗ ਬਾਰੇ ਸੰਬੰਧਿਤ ਕੀਤਾ ਗਿਆ। ਇਸ ਵਰਕਸ਼ਾਪ ਵਿੱਚ ਸਟ੍ਰੈਸ ਮੈਨੇਜਮੈਂਟ ਦੇ ਮਹੱਤਵ ਅਤੇ ਆਰਥਿਕਤਾ ਨੂੰ ਸੰਬੰਧਿਤ ਕਰਕੇ ਸਟ੍ਰੈਸ ਮੈਨੇਜਮੈਂਟ ਦੇ ਢੰਗ ਬਾਰੇ ਸੰਬੰਧਿਤ ਕੀਤਾ ਗਿਆ। ਇਸ ਵਰਕਸ਼ਾਪ ਵਿੱਚ ਸਟ੍ਰੈਸ ਮੈਨੇਜਮੈਂਟ ਦੇ ਮਹੱਤਵ ਅਤੇ ਆਰਥਿਕਤਾ ਨੂੰ ਸੰਬੰਧਿਤ ਕਰਕੇ ਸਟ੍ਰੈਸ ਮੈਨੇਜਮੈਂਟ ਦੇ ਢੰਗ ਬਾਰੇ ਸੰਬੰਧਿਤ ਕੀਤਾ ਗਿਆ।</p> <p>ਚੜ੍ਹਦੀਕਲਾ Frs. 24 March 2017 www.readwhere.com/c/17788726</p>
<p>Lecture on “Transformation Pedagogies & Politics towards gender Neutral Cities”</p> <p>31.03.2017</p>	<p>The resource person, Dr. Kulwinder Kaur explained the concept of gender neutral cities and urban space and stated that gender and space are social constructs. She also talked about the measures to be taken by institutions for making the place safe for girls.</p> <p>http://hmvnews.blogspot.com/2017/03/hmv-</p>	

	<p>organized-lecture-on-transformation.html</p>	<p>CAMPUS Notes</p> <p>Football champions The 'Football Eleven' team of St Soldier Polytechnic College, Jalandhar, was declared champion in the Punjab Technical Institution's Sports (PTIS) tournament which was a state-level competition organised at Government Polytechnic College, Hoshiarpur. Earlier, St Soldier Polytechnic College, Jalandhar, hosted football matches at the zonal level. Pro-Chairman Prince Chopra congratulated and honoured the team.</p> <p>Lecture on women issues The Women Empowerment Cell of Hans Raj Mahila</p> <p>Maha Vidyalaya organised a lecture on 'Transformation pedagogies and politics towards gender neutral cities'. The resource person was Dr Kulwinder Kaur, Associate Professor, Department of Sociology, Jamia Millia Islamia Central University, New Delhi. Principal Dr Ajay Sareen welcomed the resource person. Dr Kulwinder Kaur explained the concept of gender neutral cities and urban space. She also talked about measures to be taken by institutions for making the place safer for girls. The stage was conducted by Dr Ashmeen Kaur, in-charge Women Empowerment Cell. On the occasion, Dean Academics and UGC Coordinator Meenakshi Syal, Dr Ekta Khosla, cell members Kuljeet Kaur and Dr Meenakshi Duggal among other staff members were present.</p> <p>Top scorers Students of BA (Hons) Hindi (Semester IV) of Kanya Maha Vidyalaya bagged the top positions in Guru Nanak Dev University, Amritsar. Jyoti bagged the first position in the university with 78 out of 100 marks while Komal was second with 76 marks. Rupali was fourth with 73 marks. Neha and Sonam jointly bagged the fifth position with 71 marks while Priya bagged the sixth position with 70. Principal Atima Sharma Dwivedi congratulated students and faculty members on the achievement. —TNS</p> <p>Sat, 01 April 2017 epaper.tribuneindia.com/c/1796854</p> <p>JALANDHAR Tribune</p>
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Session 2015-16

Activity & Date	Report	Photograph
<p>Career Opportunities in Media for Women</p> <p>04.09.2015</p>	<p>Ms. Ramanpreet Kaur, Director Shamsheer Pvt.Ltd gave tips on media management to the students and told about career opportunities in media.</p> <p>https://www.hrmmv.org/documents/AQAR/AQAR%20HMV%202014-15.pdf</p>	
<p>Alankaran Diwas</p> <p>04.09.2015</p>	<p>Installation ceremony of Student Council to inculcate leadership skills was held. Km Amrit Kaur was adorned as Head girl along with six other joint head girls.</p> <p>http://hmvnews.blogspot.com/2015/09/alankaran-diwas-badge-ceremony-of.html</p>	

Workshop on Retailing and Merchandizing

28.10.2015

Resource person Ms. Vandana Kanwar, Fashion Designer at Bee and Vee Knits, Ludhiana, shared her valuable views on various career opportunities in fashion industry and solved different queries regarding retailing and merchandizing.

<http://hmvnews.blogspot.com/2015/10/hmv-organized-workshop-on-retailing-and.html>



National Seminar on Human Rights Education

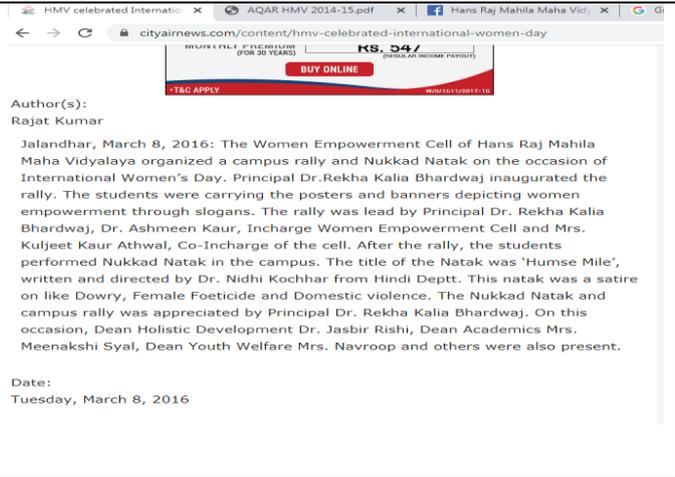
05.11.2015

The PG Department of Political Science organized a UGC sponsored National Seminar on Human Rights Education. There were four technical sessions in which more than 350 delegates participated. In the Valedictory Session, Vice President, DAVCMC said that we should understand rights and duties for ourselves.

<http://hmvnews.blogspot.com/2015/11/hmv-organized-ugc-sponsored-national.html>



<p>National Girl Child Day</p> <p>30.01.2016</p>	<p>Poster and Collage Making Competition on Female Feticide and Women Education was organised to create awareness among students to observe National Girl Child Day. The students participated with great zeal and enthusiasm.</p>	
<p>Lohri celebration</p> <p>13.01.2016</p>	<p>Lohri was celebrated in the hostel lawn with great enthusiasm in the presence of Principal Dr. Rekha Kalia Bhardwaj. Students danced and performed a Giddha and Punjabi Folk Songs. Everybody enjoyed the moment and wished 'Happy Lohri' to each other.</p> <p>http://hmvnews.blogspot.com/2016/01/lohri-celebration-in-hmv-hostel-13012016.html</p>	
<p>Enactment of Play 'Museum' by Yuva Theatre group</p> <p>08.03.2016</p>	<p>The actors of the play presented the problem of rape, child marriage, dowry, acid attacks, human trafficking and many more such issues. The play beautifully summarized the current scenario and the atrocities faced by women every day.</p>	
<p>International Women Day Celebrations</p> <p>08.03.2016</p>	<p>Women empowerment cell organized Nukkad Natak on the title 'Humse Mile', written and directed by Dr. Nidhi Kochhar from Hindi Department. This was a satire on Dowry, Female Feticide, domestic violence</p>	

	<p>https://www.cityairnews.com/content/hmv-celebrated-international-women-day</p>	 <p>Author(s): Rajat Kumar</p> <p>Jalandhar, March 8, 2016: The Women Empowerment Cell of Hans Raj Mahila Maha Vidyalaya organized a campus rally and Nukkad Natak on the occasion of International Women's Day. Principal Dr. Rekha Kalia Bhardwaj inaugurated the rally. The students were carrying the posters and banners depicting women empowerment through slogans. The rally was led by Principal Dr. Rekha Kalia Bhardwaj, Dr. Ashmeen Kaur, Incharge Women Empowerment Cell and Mrs. Kuljeet Kaur Athwal, Co-Incharge of the cell. After the rally, the students performed Nukkad Natak in the campus. The title of the Natak was 'Humse Mile', written and directed by Dr. Nidhi Kochhar from Hindi Deptt. This natak was a satire on like Dowry, Female Foeticide and Domestic violence. The Nukkad Natak and campus rally was appreciated by Principal Dr. Rekha Kalia Bhardwaj. On this occasion, Dean Holistic Development Dr. Jasbir Rishi, Dean Academics Mrs. Meenakshi Syal, Dean Youth Welfare Mrs. Navroop and others were also present.</p> <p>Date: Tuesday, March 8, 2016</p>
<p>Lecture on "Personality Development by the society for Dynamic growth" 15.03.2016</p>	<p>A motivational lecture on Personality Development was organized. The resource person Dr. Ruby Dhalla addressed the students and said that if you have a dream in your life, then everything is possible. She said that success comes with a lot of hard work.</p> <p>https://www.cityairnews.com/content/motivational-lecture-personality-development-hmv</p>	

Session 2014-15

Activity & Date	Report	Photograph
<p>Seven days Karate Classes 28.07.2014 to 03.08.2014</p>	<p>. To impart security and empowerment in students, Holistic Development Cell organised Karate Classes for the students for 7 days from 28.07.2014 to 03.08.2015. The training was imparted by Karate Expert Mr. Jatinder Kumar.</p> <p>https://www.hrmmv.org/documents/AQAR/AQAR%20HMN%202014-15.pdf (pg.31)</p>	
<p>Alankaran</p>	<p>Alankaran Diwas of</p>	

<p>Diwas on 12.08.2014</p>	<p>Student Council was organised to inculcate leadership qualities among students.. Km. Vanita Khosla was adorned as the Head Girl of Institution. Student Council also consists of Class Representatives and Secretaries, Joint Secretaries and Asstt. Secretaries of various clubs and societies. The ceremony ended with an oath taking by the council members</p>	
<p>Workshop on "Women Entrepreneurship" 18.02.2015 to 21.02.2015</p>	<p>The Career Counseling Cell organized a three-day workshop from 18.02.2015 to 21.02.2015 on Women Entrepreneur. The resource person of the workshop was Mr. Rajneesh Dev Sahajpal, Director, Kalptaru Professional Educational services. The objectives of the workshop was empowering women and creating entrepreneurial skill in them.</p> <p>https://www.tribuneindia.com/news/archive/jalandhar/workshop-on-women-entrepreneurs-59915</p>	
<p>Workshop on Career Options and Team</p>	<p>The career counseling cell organized a one day workshop on career options and team</p>	<p>The career counselling cell of Hans Raj Mahila Maha Vidyalaya organised a three-day workshop on women entrepreneur. The resource person for the workshop was Rajneesh Dev Sahajpal, Director, Kalptaru Professional Educational Services. The objective of the workshop was the empowerment of the women and creating entrepreneurial skills in them. Hans Raj Mahila Maha Vidyalaya Principal Dr Rekha Kalia Bhardwaj welcomed the resource persons and said such motivational workshops will prove beneficial for students after completion of their study. Rajneev Dev Sahajpal addressed students. He put light on the importance of attitude, skills and knowledge in life. Seema Khanna, in-charge, Career Counselling Cell, thanked him for sharing his valuable thoughts with students. Kajal Puri, Rama Sharma, Sangeeta Bhandari, Harpreet Singh and other teachers were also present on the occasion.</p>

Management

26.02.2015

management. The resource persons of the workshop were Mr. Divijendera, B. Srivastava and Mr. Dikshant Dawar from IMS, Jalandhar. The resource persons told the students about how to choose best career option.

<https://www.tribuneindia.com/news/archive/jalandhar/hmv-organises-workshop-58752>



Ten Days workshop for Women Employees

28.03.2015 to 06.04.2015

A ten-day workshop was organized by the Fine Arts Department under the aegis of Centre for Gandhian Studies. 23 women employees from Non-Teaching Staff of HMV participated. The purpose of the workshop was to educate, train and empower the women by using waste material in making utility products. They were taught block printing, screen printing, file cover; footmarks stencil pricing and embroidery with wool on plastic bags. An exhibition of the work was also organized.

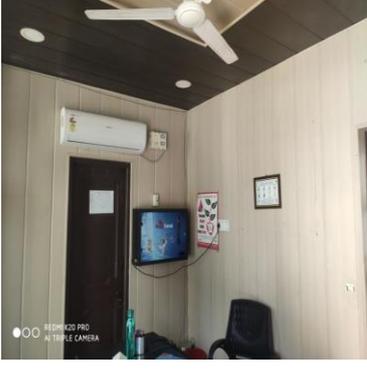
<https://www.tribuneindia.com/news/archive/jalandhar/workshop-organised-64010>



The screenshot shows a news article on the Tribune India website. The article title is "Workshop organised" and it is categorized under "SCHOOLS COLLEGES". The text of the article states: "A ten-day workshop was organised for the under privileged section of the society by the fine arts department under the aegis of Centre for Gandhian Studies. 23 women employees from non-teaching staff of HMV participated in the workshop. The purpose of the workshop was to educate, train and empower the women by using waste material in making of utility products by creating value addition in it. They were taught block printing, screen printing, file cover, foot mats, stencil printing and embroidery with wool on plastic bags. An exhibition of the work was also organised." The article is dated April 07, 2015, 01:24 AM (IST). There is also a sidebar advertisement for "HAPPYEASGO" with the text "Safety First, Last and Always" and "FLAT ₹550 off on your next flight booking".

<p>CATC Camp for girls</p> <p>15.06.2015 to 25.06.2015</p>	<p>CATC camp for girls held at Hans Raj Mahila Maha Vidyalaya, Jalandhar from 15 June, 2015 to 25 June, 2015. 18 cadets participated in camp.</p> <p>https://twitter.com/etdefence/status/614323542578966528</p>	
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7.1.1 Other initiatives for gender sensitization promotion by the Institution:

<p>Orientation Program for gender sensitization and other aspects at the start of each academic session</p>		
<p>Installation of Sanitary Napkin Wending Machines</p>		

**Installation
Incinerators**

of

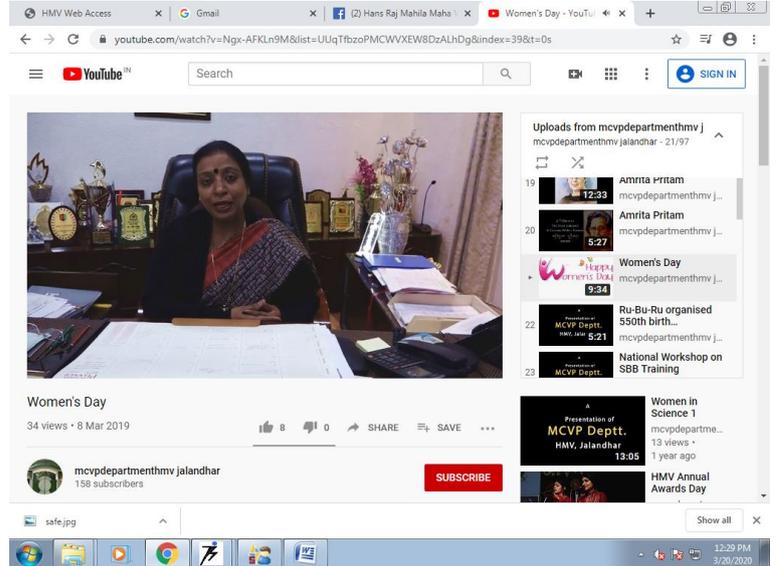


HMV installed Incinerators in the campus 8 months before Padman

<http://hmvnews.blogspot.com/2018/02/hmv-pioneer-in-innovations-started-many.html>

**Women's Day
(Video Message)**

<https://www.youtube.com/watch?v=Ngx-AFKLn9M&list=UUqTfbzoPMCWWXEW8DzALhDg&index=39&t=0s>



**College declared as
symbol of women
empowerment by
Jalandhar Jagran newspaper**

ਜਲੰਧਰ ਜਾਗਰਣ 3 ਮਾਰਚ 2019 ਪੰਜਾਬੀ ਜਾਗਰਣ 3

ਸਿੱਖਿਆ ਸ਼ਾਸਤਰੀ ਮਹਾਤਮਾ ਹੰਸ ਰਾਜ ਦੇ ਨਾਂ 'ਤੇ 1927 ਨੂੰ ਲਾਹੌਰ 'ਚ ਖੋਲ੍ਹਿਆ ਗਿਆ ਸੀ ਕਾਲਜ
ਔਰਤ ਸਮਕਤੀਕਰਨ ਦਾ ਪ੍ਰਤੀਕ ਹੈ ਹੰਸ ਰਾਜ ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ

ਜਲੰਧਰ, 2 ਮਾਰਚ - ਔਰਤਾਂ ਦੇ ਸਿੱਖਿਆ ਅਤੇ ਸਮਕਤੀਕਰਨ ਲਈ ਇੱਕ ਪ੍ਰਤੀਕ ਵਜੋਂ ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ ਨੂੰ ਜਲੰਧਰ ਸ਼ਹਿਰ ਵਿੱਚ ਸਥਾਪਿਤ ਕੀਤਾ ਗਿਆ ਸੀ। ਇਸ ਸਮੇਂ ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ ਦੇ ਮੁੱਖ ਮੰਤਰੀ ਡਾ. ਹੰਸ ਰਾਜ ਦੀ ਮੁੱਖ ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ ਵਿਖੇ ਸ਼ਿਲਾ ਪਾਠ ਕੀਤੀ ਗਈ।

ਡਾ. ਹੰਸ ਰਾਜ ਨੇ ਆਪਣੇ ਸੰਬੰਧਿਤ ਬਿਆਨ ਵਿੱਚ ਕਿਹਾ ਕਿ ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ ਨੂੰ ਸਥਾਪਿਤ ਕਰਨ ਦਾ ਉਦੇਸ਼ ਸੀ ਕਿ ਮਹਿਲਾਵਾਂ ਨੂੰ ਸਿੱਖਿਆ ਅਤੇ ਸਮਕਤੀਕਰਨ ਲਈ ਸਹਾਇਤਾ ਮਿਲ ਸਕੇ। ਇਸ ਸਮੇਂ ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ ਦੇ ਮੁੱਖ ਮੰਤਰੀ ਡਾ. ਹੰਸ ਰਾਜ ਦੀ ਮੁੱਖ ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ ਵਿਖੇ ਸ਼ਿਲਾ ਪਾਠ ਕੀਤੀ ਗਈ।

ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ ਦੇ ਮੁੱਖ ਮੰਤਰੀ ਡਾ. ਹੰਸ ਰਾਜ ਨੇ ਕਿਹਾ ਕਿ ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ ਨੂੰ ਸਥਾਪਿਤ ਕਰਨ ਦਾ ਉਦੇਸ਼ ਸੀ ਕਿ ਮਹਿਲਾਵਾਂ ਨੂੰ ਸਿੱਖਿਆ ਅਤੇ ਸਮਕਤੀਕਰਨ ਲਈ ਸਹਾਇਤਾ ਮਿਲ ਸਕੇ। ਇਸ ਸਮੇਂ ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ ਦੇ ਮੁੱਖ ਮੰਤਰੀ ਡਾ. ਹੰਸ ਰਾਜ ਦੀ ਮੁੱਖ ਮਹਿਲਾ ਮਹਾਵਿਦਿਆਲਾ ਵਿਖੇ ਸ਼ਿਲਾ ਪਾਠ ਕੀਤੀ ਗਈ।

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